

CYPRUS FLAVOURS



Gulf Food Exhibition

Visit Exhibitors at the
Cyprus Pavilion, Zabeel Hall, 4 & 5
Dubai World Trade Centre
19-22 February 2007

Kopiaste!

meaning: Come and join in - come and share our food.

In ancient times, it was said that Cyprus invented the art of good living, and the island's name became synonymous for luxury to both the Gods and humans. Cyprus cuisine is closely related to that of Greece, but the island's unique position at the crossroads of Europe, Africa, and the Middle East has added exotic dimensions that make it particularly varied and delicious. Various empires, invasions, foreign settlers and traders over the past 3,000 years have brought their influence to Cyprus. They have also brought their recipes and many of these have been introduced into Cypriot cooking, the main ones coming from Greece, Turkey, Armenia, Lebanon, Syria, Italy, France and latterly Britain. These foreign flavours have combined with the food produced on the island to give Cyprus its own traditional cuisine.

Emphasizing fresh local ingredients, regional herbs and spices, and the light use of natural olive oil, the Cypriot palate is quintessentially Mediterranean in character. The Cypriots cook with less oil than their Mediterranean neighbors do and their diet is a healthy one, apart from their love of syrup soaked pastries! Cypriots, as you will soon discover, are a naturally hospitable people and generous to the extreme, in a way that is so much part of the Mediterranean.

Whoever said that civilization started on the table and variety was the spice of life... surely had Cyprus in mind.





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Spices and Herbs



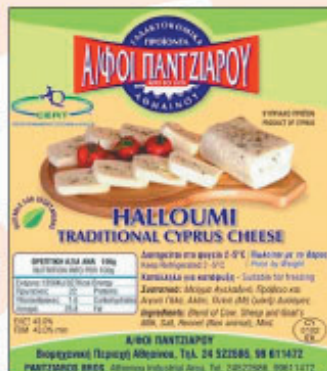
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Dairy Products, Halloumi.



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Halloumi cheese.



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Halloumi, Anari, Fetta, Kefalotyri, Yoghurt.



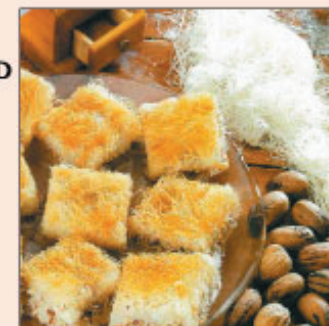
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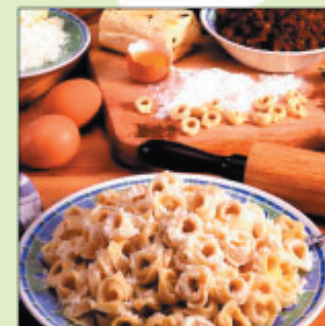


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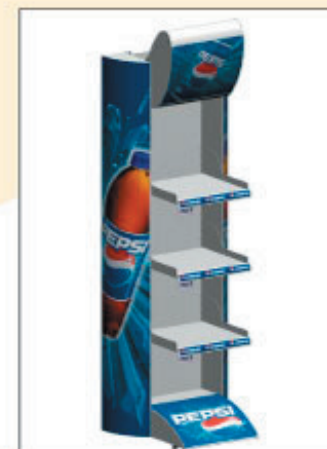
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CYPRUS TRADE CENTRE
At Ghurair Center, Office Tower, 6th floor, Office No. 635
P.O. Box 11294 Dubai
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e-mail: cycentre@emirates.net.ae
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